

Ultra-Luminous X-ray sources: Extreme accretion rates or masses?

Ciro Pinto

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μινώταυρος

VS

θησέας

Massive and slow or small and fast?

Outline

- Cosmological context and requirements
- ULXs versus Galactic X-ray binaries
- ULXs as intermediate mass black holes
- ULXs as super-Eddington accretors
 - The role of fast winds
 - The big picture
- The Future



1. The importance of ULXs

Cosmological context

- AGN detected at high (>6) redshifts

(Fan+03, Mortlock+11)

→ IMBHs as seeds of SMBHs

(Volonteri+03)

→ Super-Eddington accretion

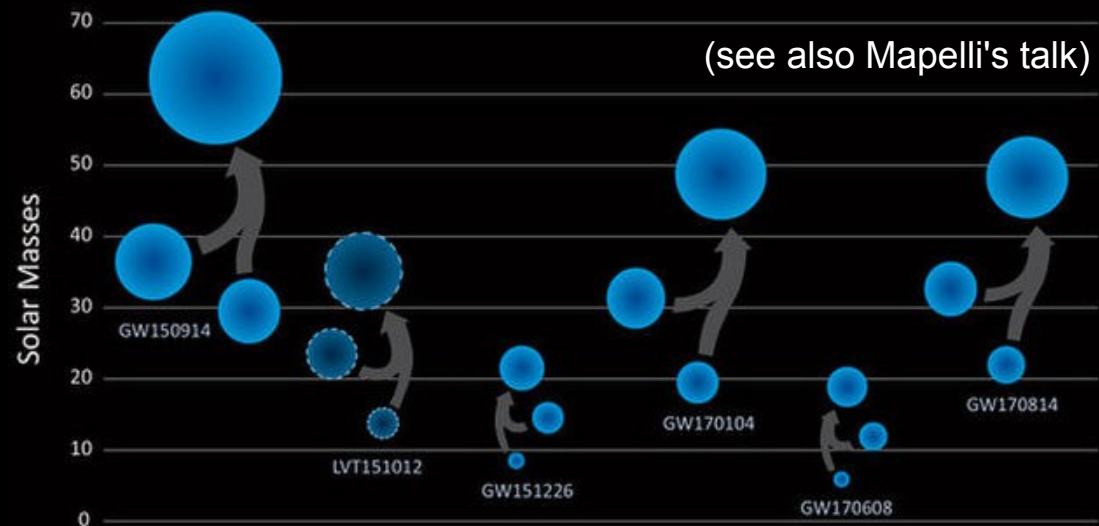
(Begelman & Volonteri 16)

- Gravitational waves discovery

→ massive BH (+ NS) binaries

LIGO + Virgo (Abbott + 16 a,b, 17)

- HMXRB roles in early Universe

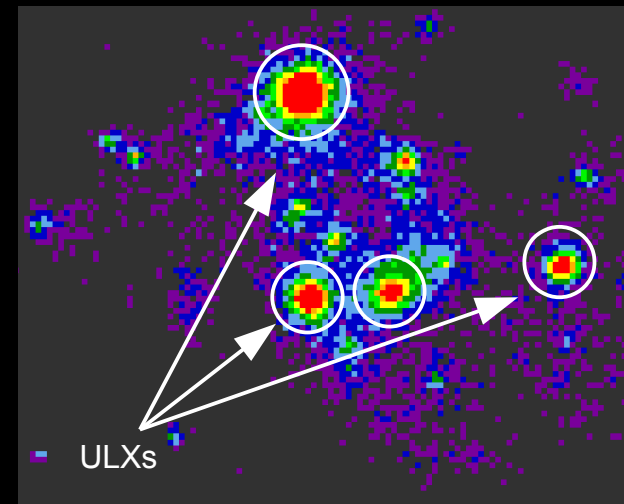
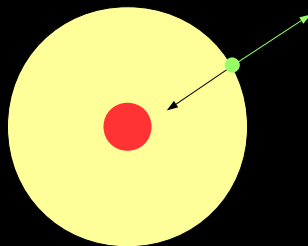


Ultraluminous X-ray sources (ULXs)

Brighter than a $10 M_{\text{Sun}}$ black hole accreting
at the Eddington limit (10^{39-41} erg/s).

Fainter than active galactic nuclei, off-nucleus &
brighter than any known stady stellar process.

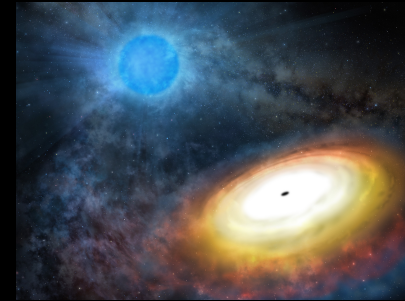
Eddington Limit:
maximum luminosity at the balance between
radiation force and gravitational force



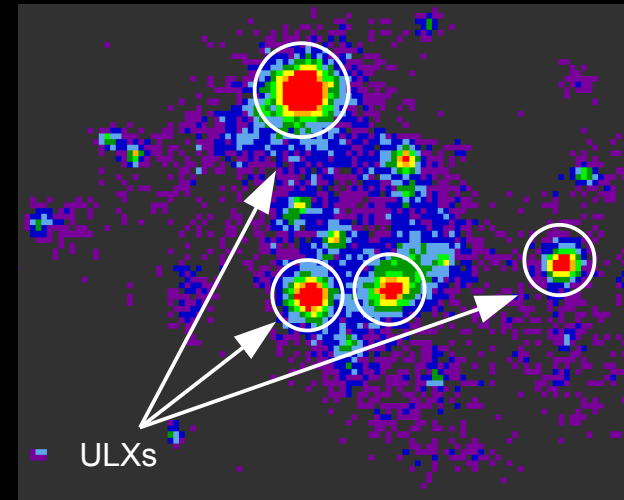
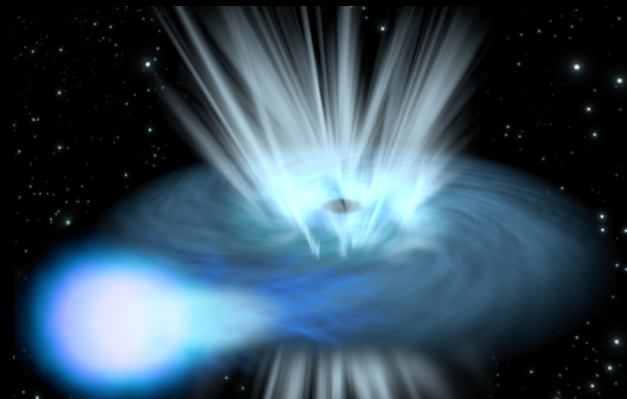
NGC 6946 "Fireworks Galaxy"

What powers ULXs?

Either a **massive** black hole



or **huge accretion** onto a stellar BH/NS



NGC 6946 "Fireworks Galaxy"

2. Are ULXs extreme XRB?

ULXs : the early days

Early discovered with Einstein Observatory in 1980

More common in star-forming / **low-metallicity** galaxies

10% of ULX turned out to be background quasars

Typically 1-2 per galaxy

Roberts (2000 *cat*, 2007 *rev*)

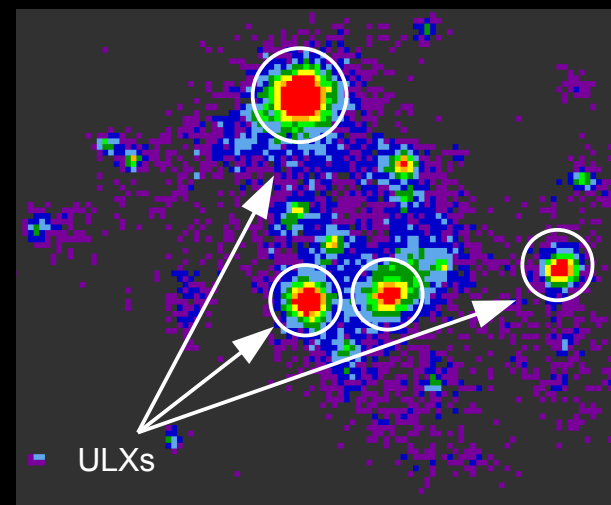
Colbert & Ptak (2002 *cat*)

Liu & Bregman (2005 *cat*)

Feng & Soria (2011 *rev*)

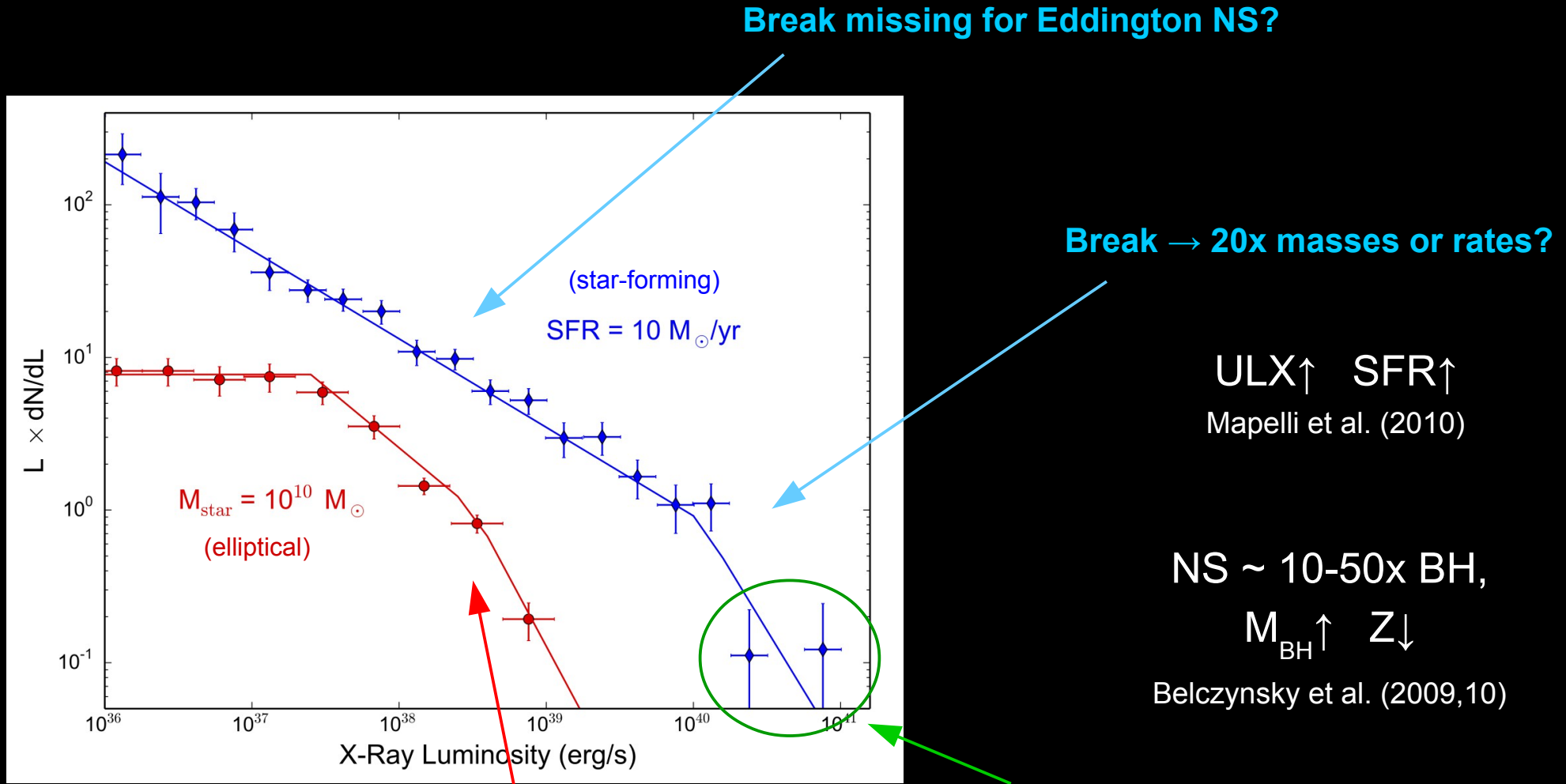
Walton, Roberts, Mateos & Heard (2011 *cat*)

Kaaret, Feng & Roberts (2017 *rev*)



NGC 6946 "Fireworks Galaxy"

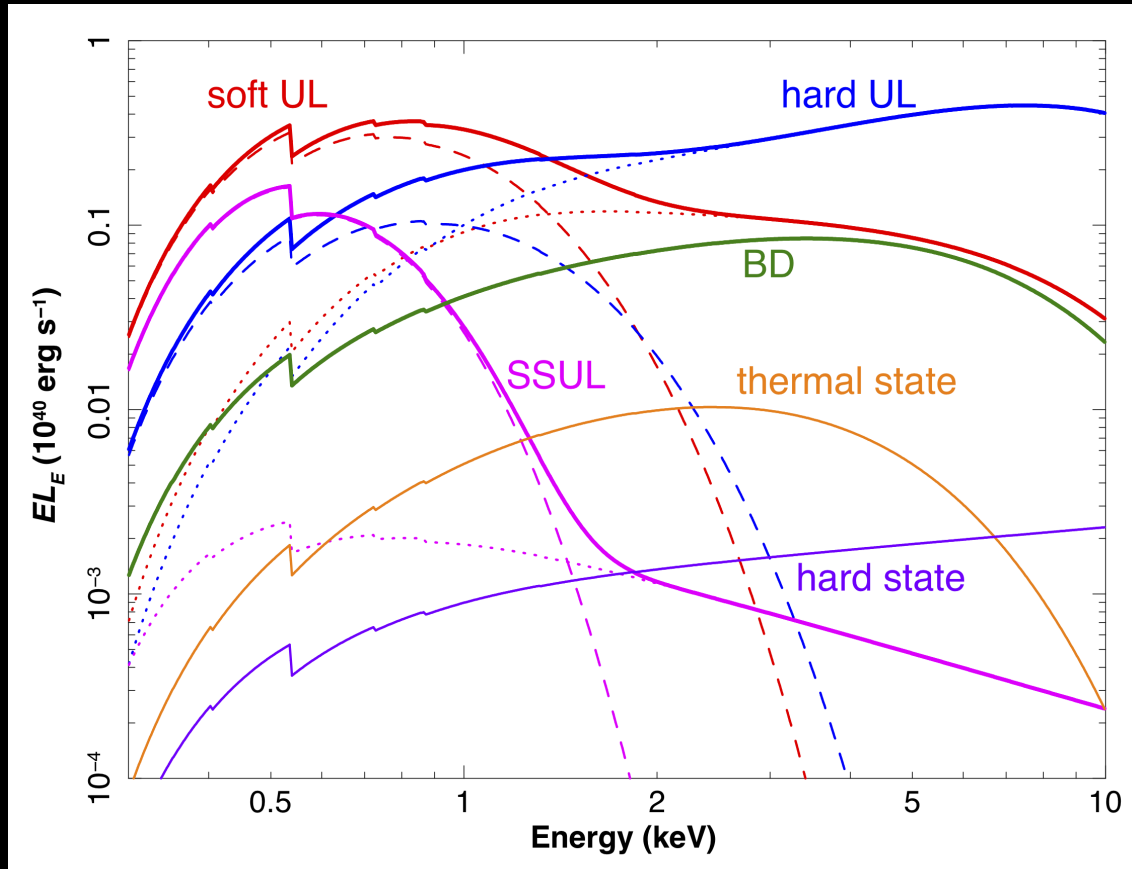
ULXs : X-ray luminosity function



Mineo, Gilfanov & Sunyaev (2012)

Break \rightarrow beamed NS?

ULXs : X-ray spectra (vs XRB)



Soft & Hard Ultra-Luminous state:

$$T_{BB} \sim 0.2, T_{CORONA} \sim 2 \text{ keV}, 10^{40} \text{ erg/s}$$

Broadened disk (BD) state:

$$T_{BB} \sim 1\text{-}2.5 \text{ keV}, p \sim 0.6, 2 \cdot 10^{39} \text{ erg/s}$$

Supersoft ultralumin. (SSUL) state:

$$T_{BB} \sim 0.1 \text{ keV}, \Gamma \sim 3, 3 \cdot 10^{39} \text{ erg/s}$$

Thermal & hard XRB BH states

$$T_{BB} \sim 1 \text{ keV}, 2 \cdot 10^{38} \text{ erg/s}$$

$$\Gamma \sim 1.7, 0.5 \cdot 10^{38} \text{ erg/s}$$

Kaaret, Feng & Roberts (2017)

Sutton et al. (2015)

Absence of reflection features e.g. Fe K ...

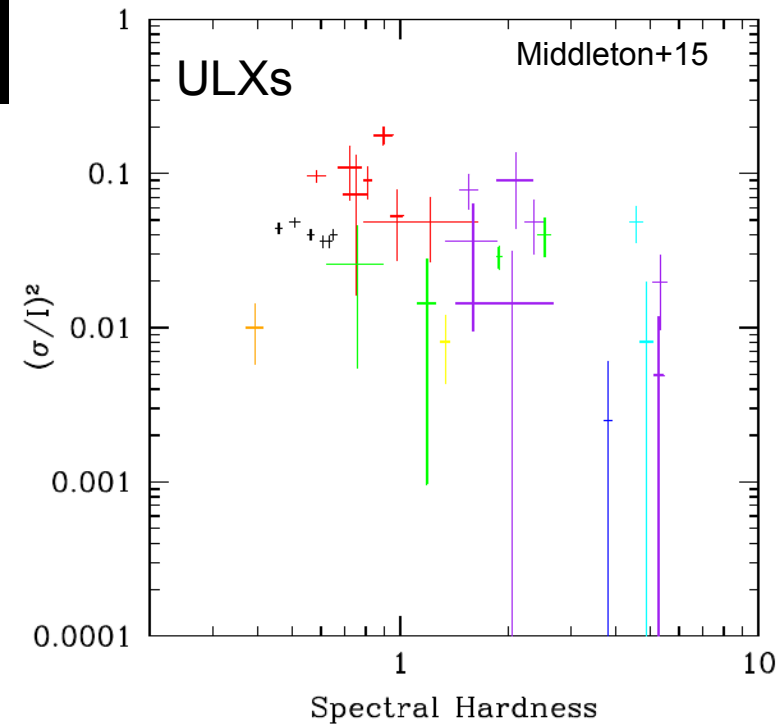
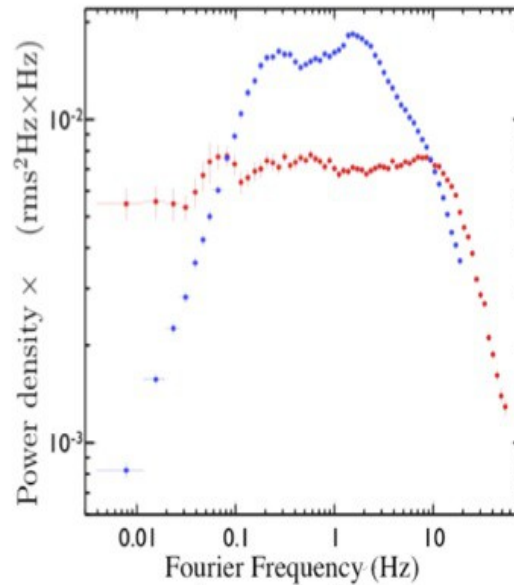
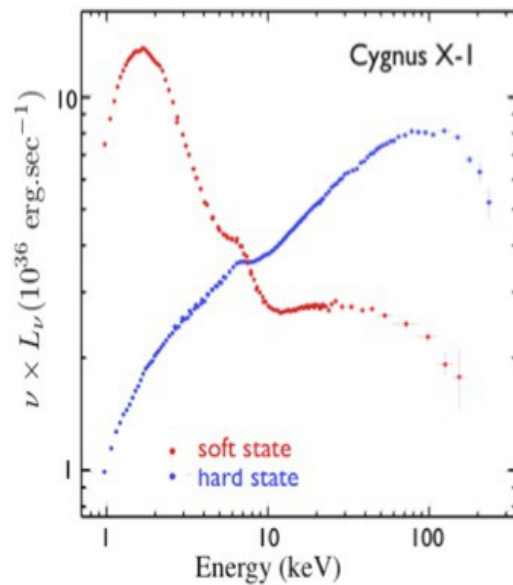
... and of course some ULXs switch state!

ULXs : X-ray timing (vs XRB)

XRB: up to 10^7 flux changes, quiescence, outburst, hysteresis, pulsations & bursts (NS), LF / HF QPOs, radio jets, time lags

ULX: flux changes < 10 (10^2 a few), most persistent over decade, QPOs (?), reverse large time lags (?), **non-linear variability**

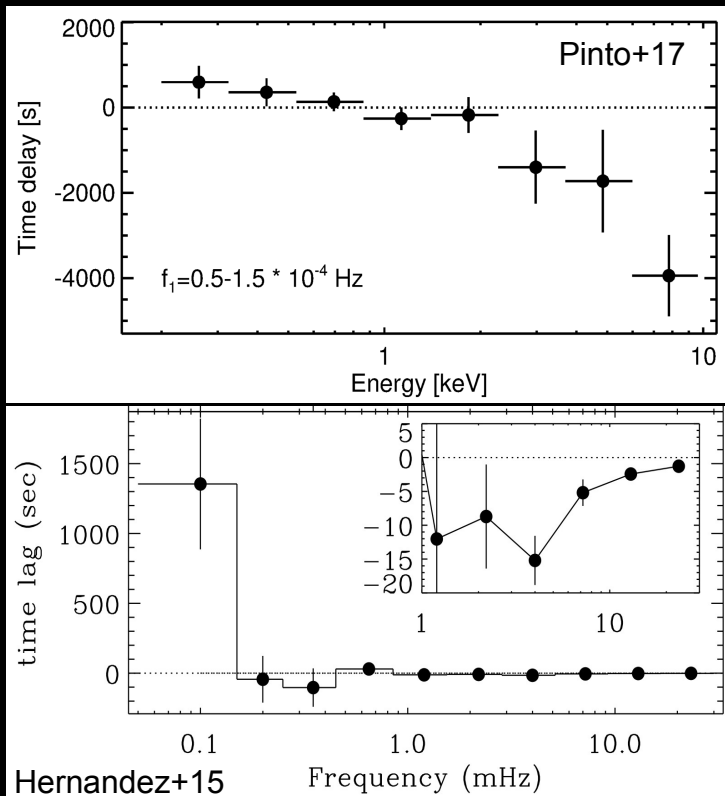
X-ray binary Power spectra



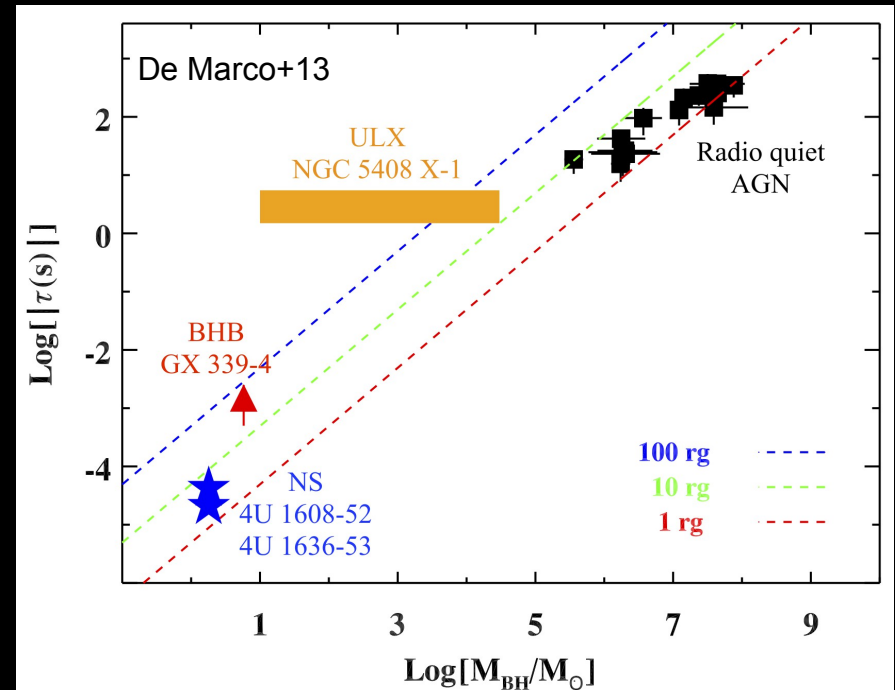
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Time lags



3. ULXs as IMBH candidates

IMBH ($10^{2-5} M_{\text{sun}}$) candidates

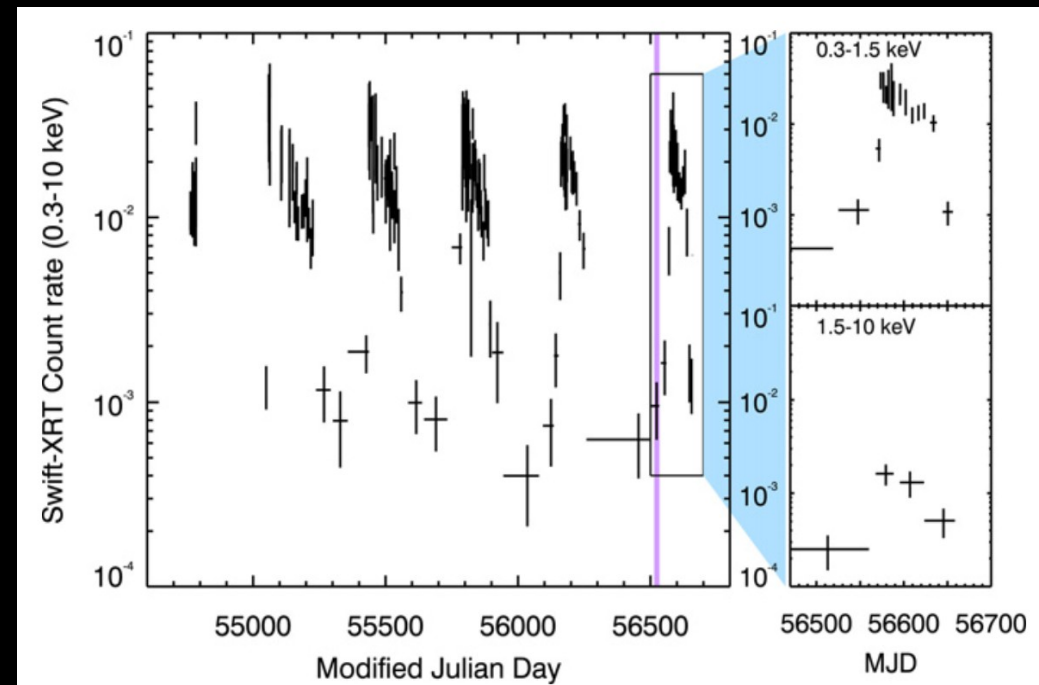
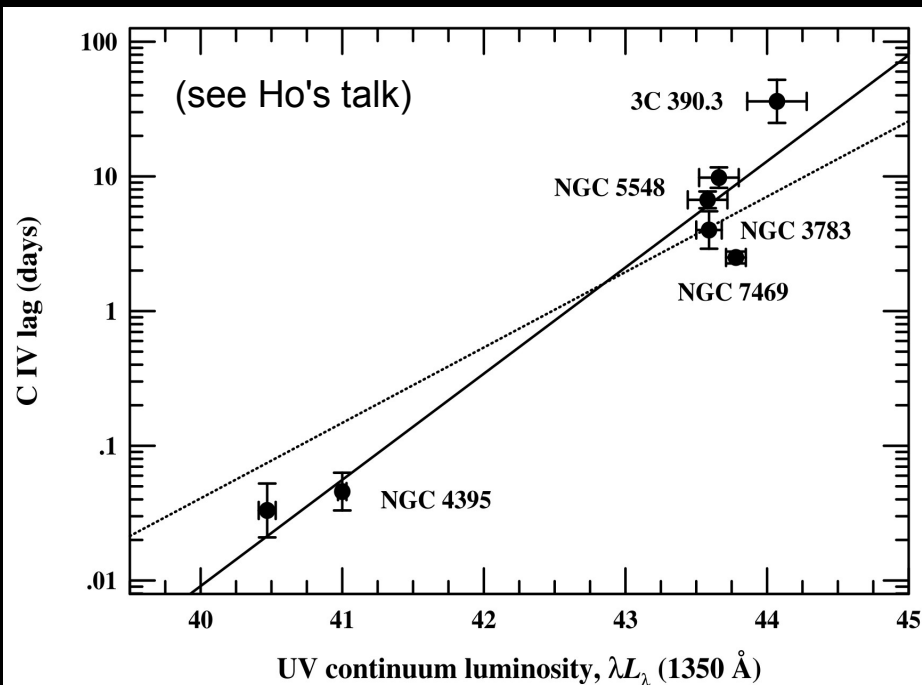
$1000 M_{\text{sun}}$ (thin disks) would follow $T_{\text{in}} \sim M^{-0.25}$ (or $L_{\text{disk}} \sim T_{\text{in}}^4$)

Low-Luminosity Active Galactic Nuclei

NGC 4395 ($\sim 10^5 M_{\text{sun}}$ Peterson+05)

High / soft - low/hard state ULX transitions

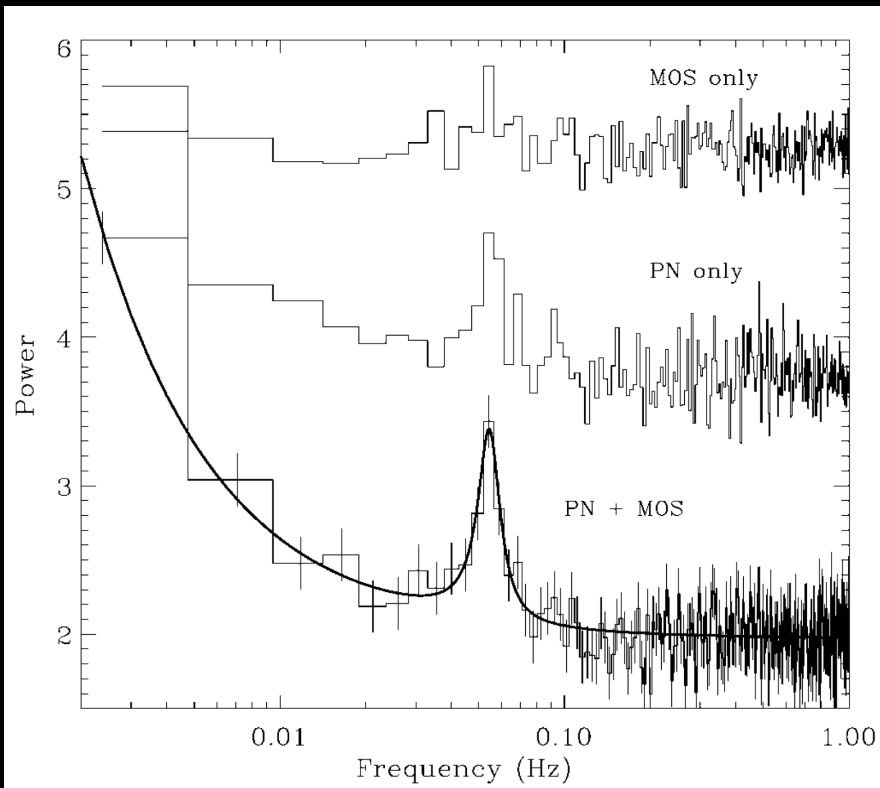
HLX-1 ($10^{4-5} M_{\text{sun}}$ Farrell+09, Godet+14)



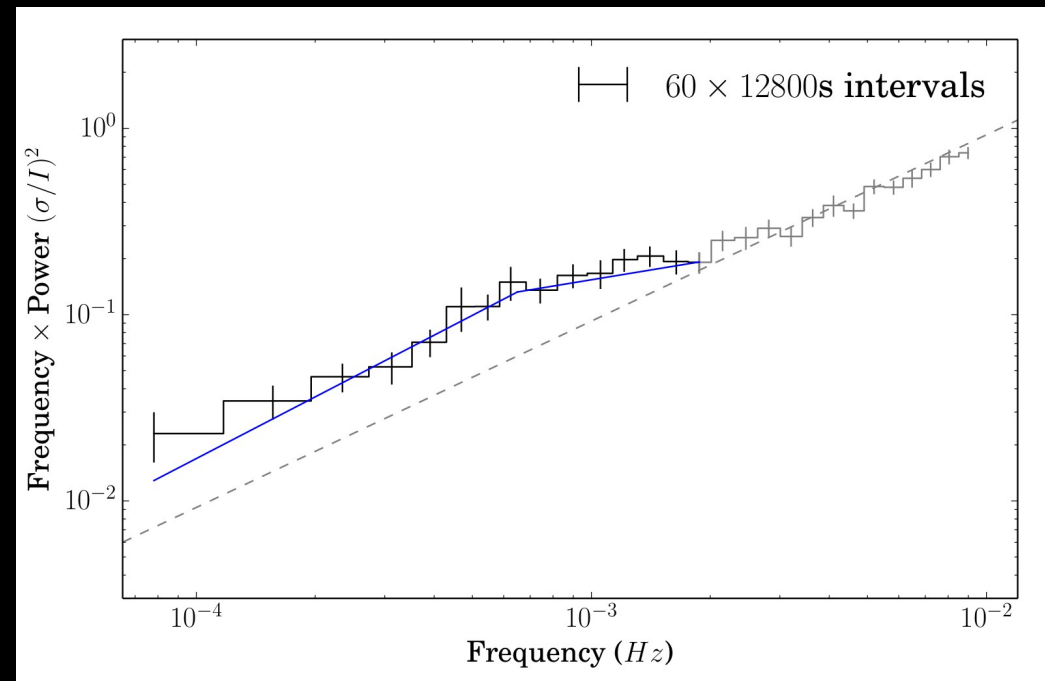
IMBH ($10^{2-5} M_{\text{sun}}$) candidates

$1000 M_{\text{sun}}$ (thin disks) would follow $T_{\text{in}} \sim M^{-0.25}$ (or $L_{\text{disk}} \sim T_{\text{in}}^4$)

M 82 QPO ($\sim 10^{2-4} M_{\text{sun}}$ S&M+03)



M 51 X-7 ($10^{3-4} M_{\text{sun}}$ Earnshaw+16)

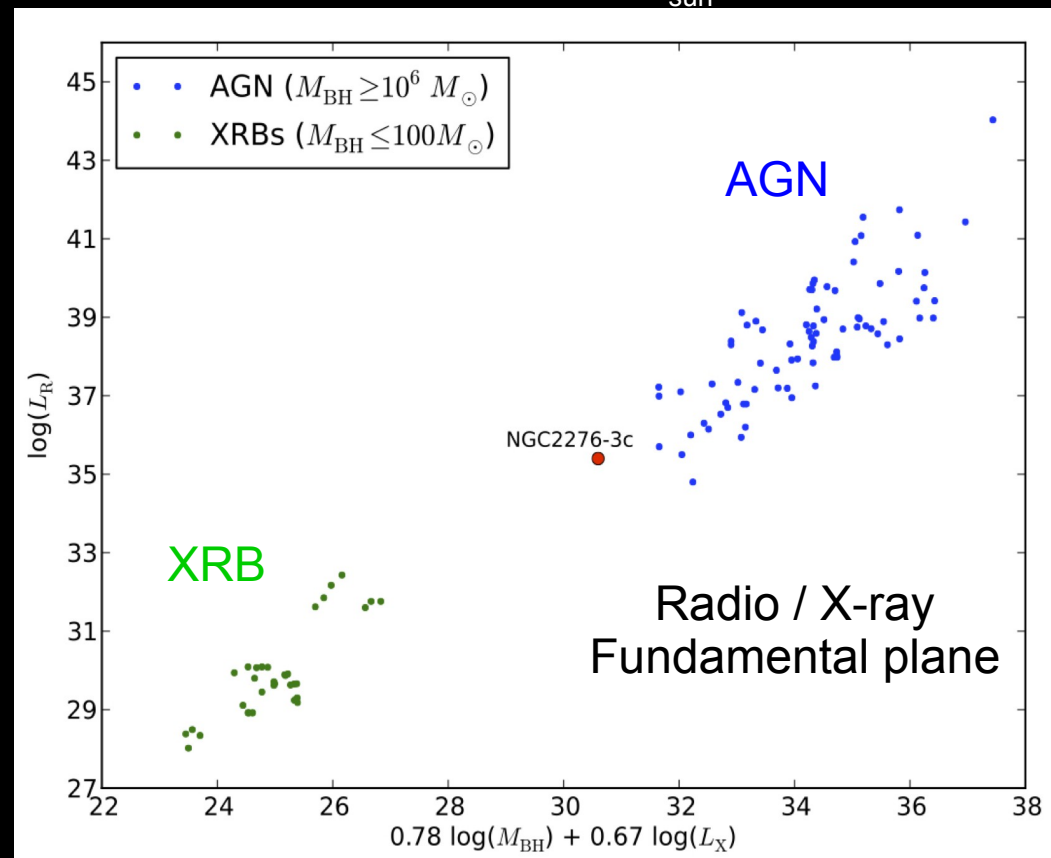


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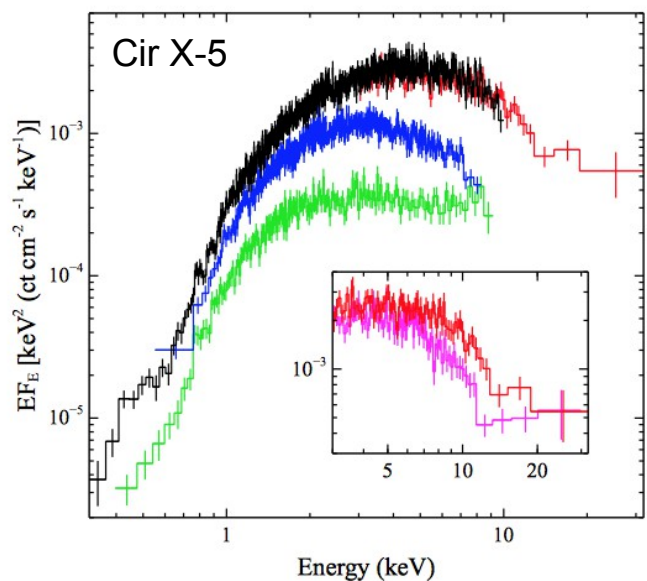
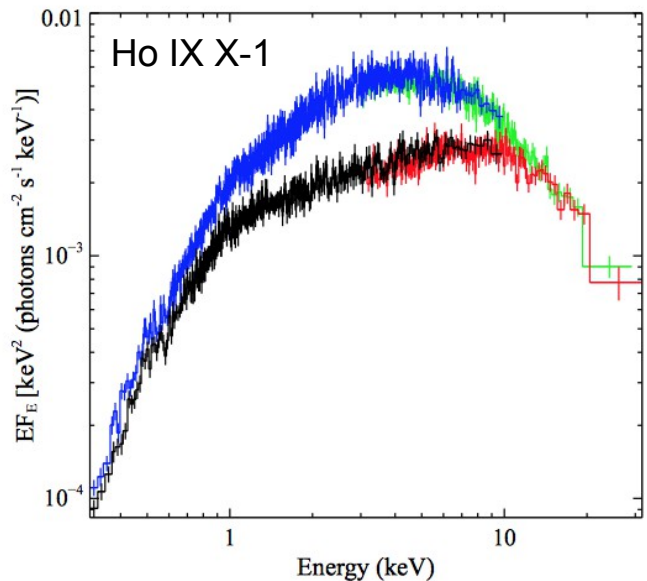
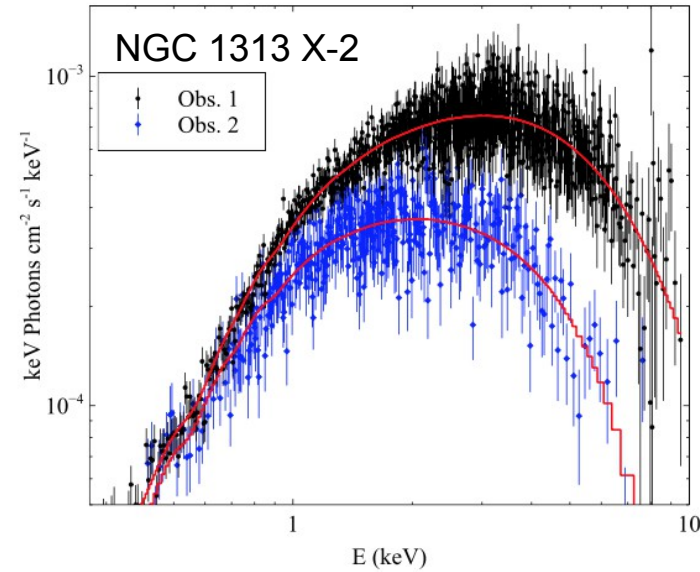
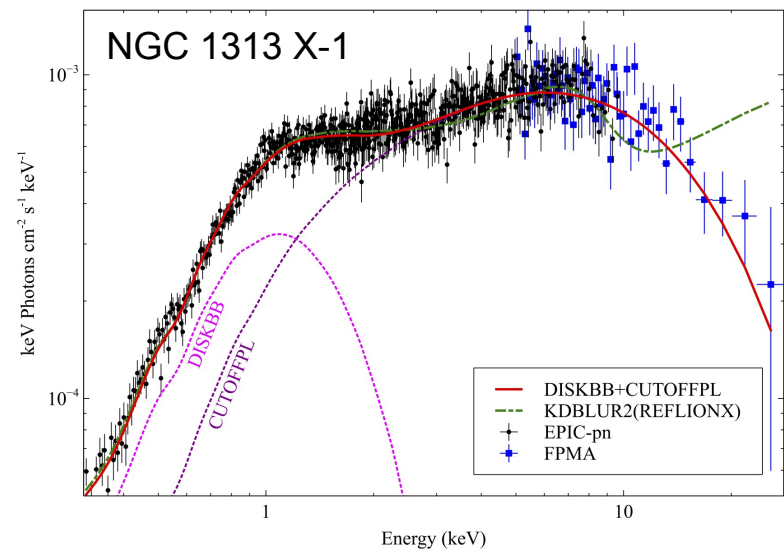
NGC 2276 3c ($5 \cdot 10^4 M_{\text{sun}}$ Mezcua+13,15)

Few more objects in Sutton+12
(just based on the spectral shape)



4. ULXs as SE candidates

Issues with sub-Eddington models



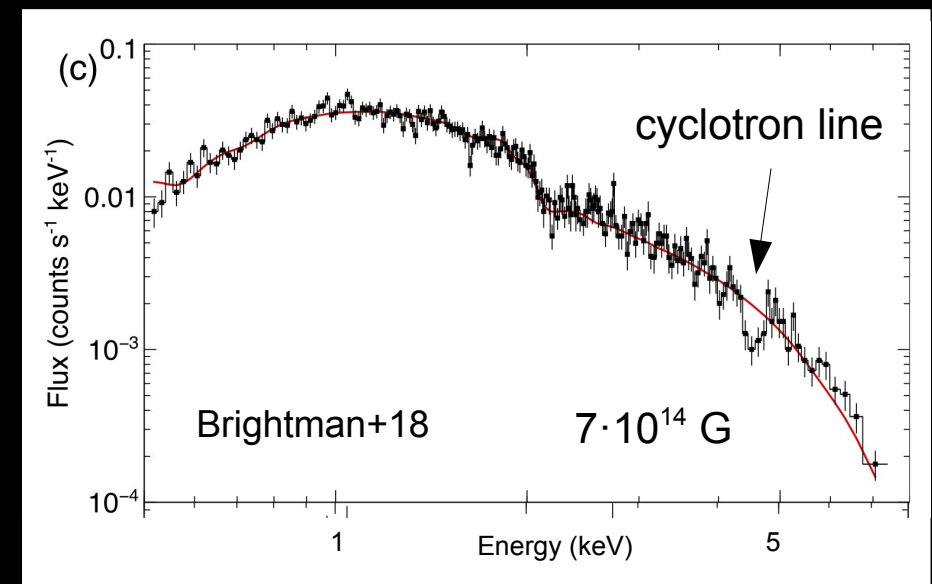
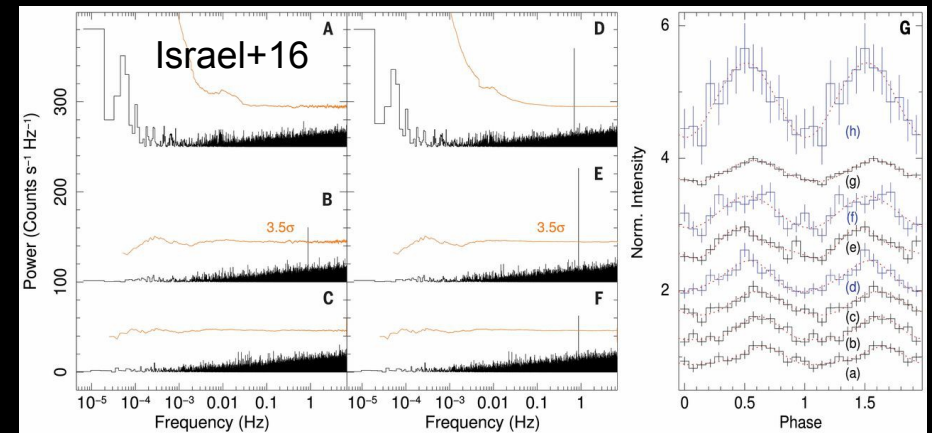
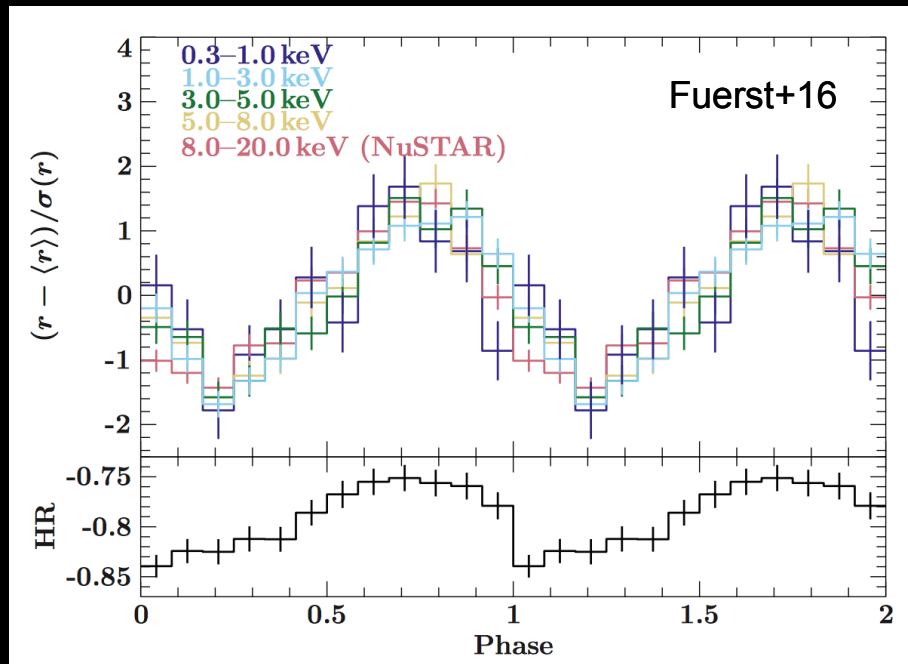
XMM / NuSTAR ULX spectra
 Bachetti et al. (2014), see also
 Gladstone et al. (2009)

$$L \sim T_{\text{in}}^2 \text{ or lower index}$$

... at least 4 ULXs are neutron stars !!!

The 4 musketeers

(ctz. DM, Bachetti+2014, Israel+16ab, Fuerst+16, Carpano+18)

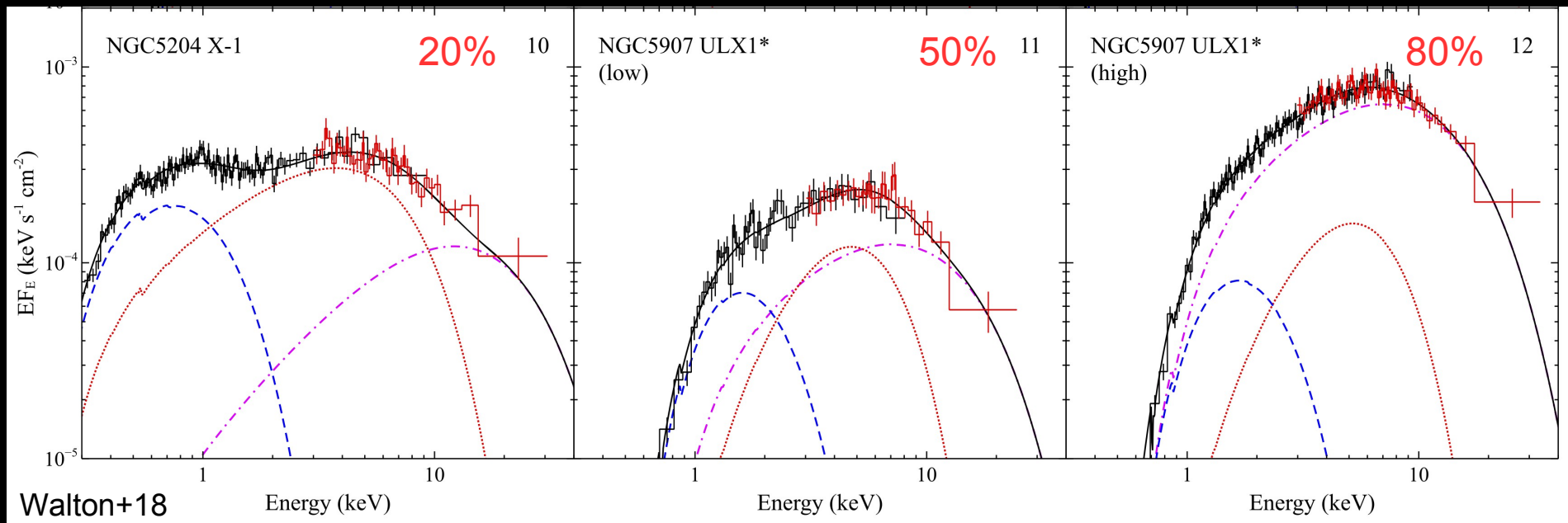


> 100x Eddington (up to 10⁴¹ erg/s)

Damned!

Detecting pulsations is actually difficult

- 20 - 80 % of the X-ray flux is likely within the accretion column
- But typically needs $> 50\%$ to detect pulsations



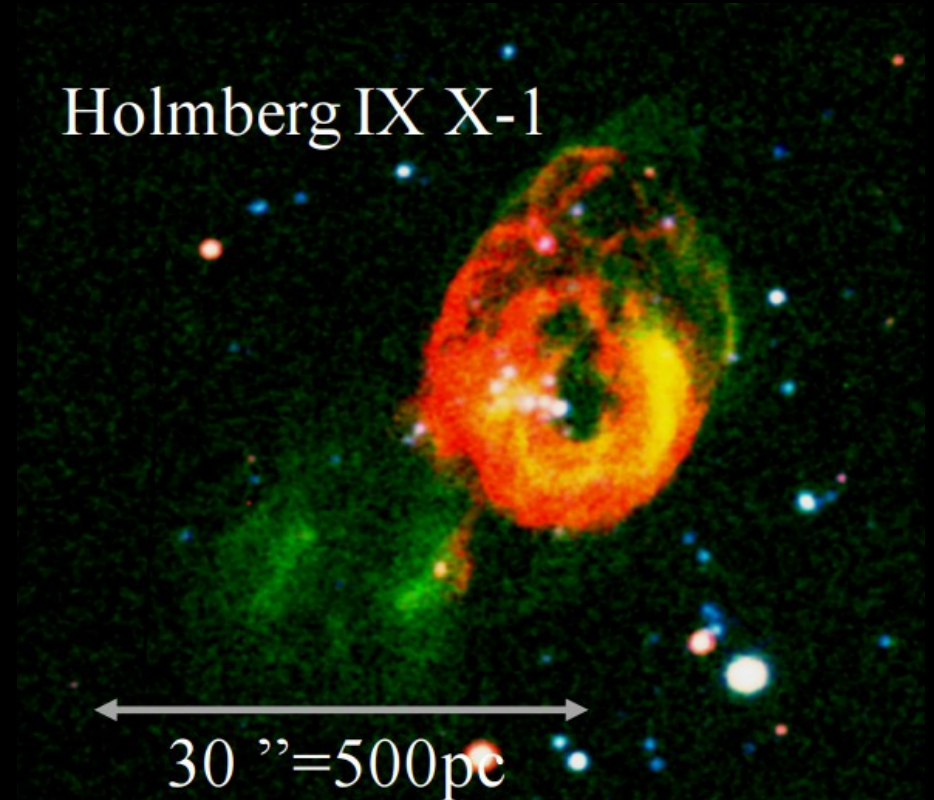
Further discoveries supporting Super-Eddington

- **Super bubbles**

(e.g. Pakull+02, Grise+12, Cseh+14)

Bubble ionisation matches
the ULX radiation field
and wind power

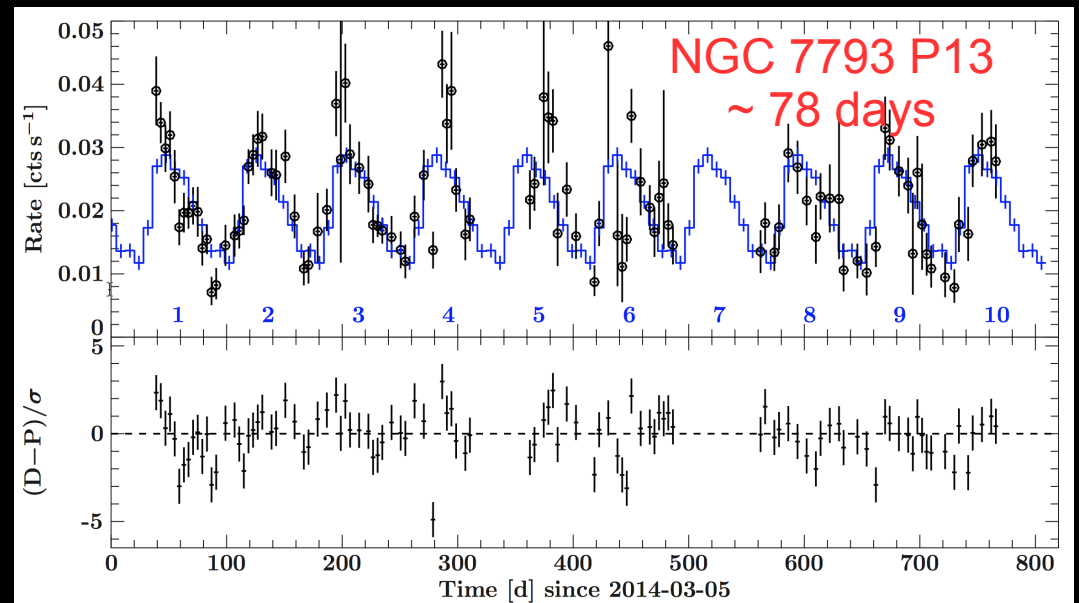
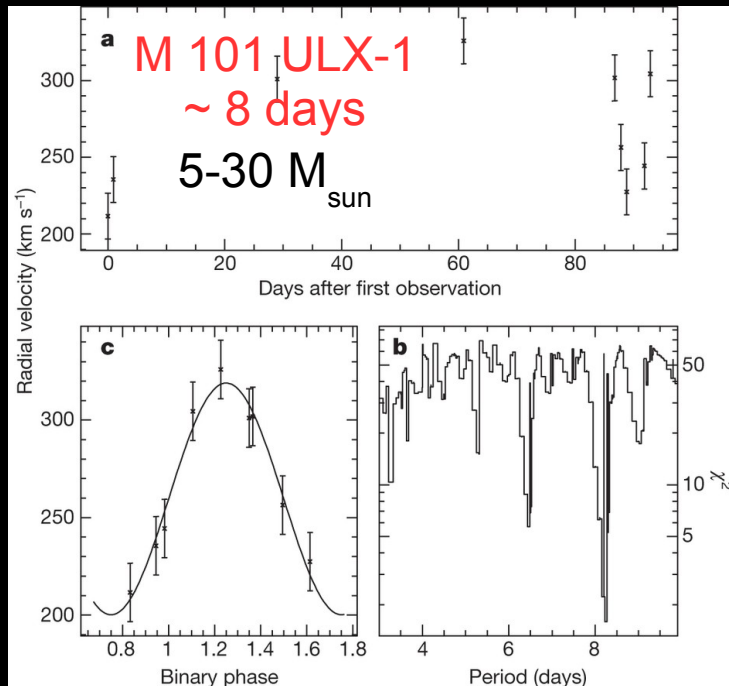
Holmberg IX X-1



30 '' = 500 pc

Further discoveries supporting Super-Eddington

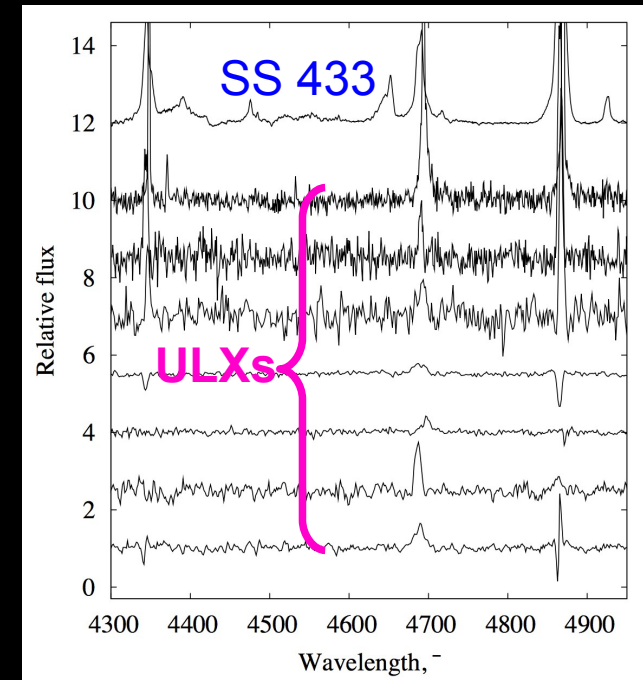
- Super bubbles (e.g. Pakull+02, Grise+12, Cseh+14)
- High-mass companion and (Super-) orbital periods (Tao+11, Gladstone+13, Liu+13, Motch+14, Heida+15, Walton+2016, U&S+16)



Further discoveries supporting Super-Eddington

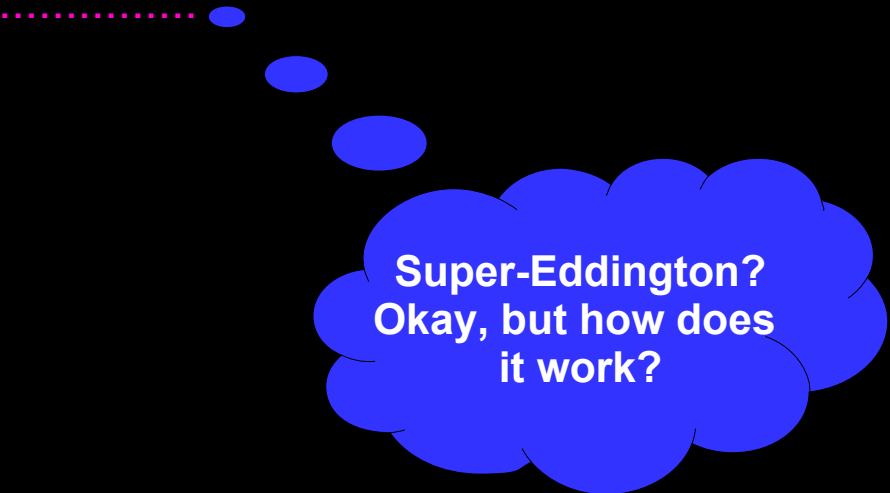
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- High-mass companion and (Super-) orbital periods (Tao+11, Gladstone+13, Liu+13, Motch+14, Heida+15, Walton+2016, U&S+16)
- Optical spectra (e.g. Fabrika+17, Motch+11)

WNL type (late nitrogen Wolf-Rayet stars)
or LBV (luminous blue variables)
in their hot state



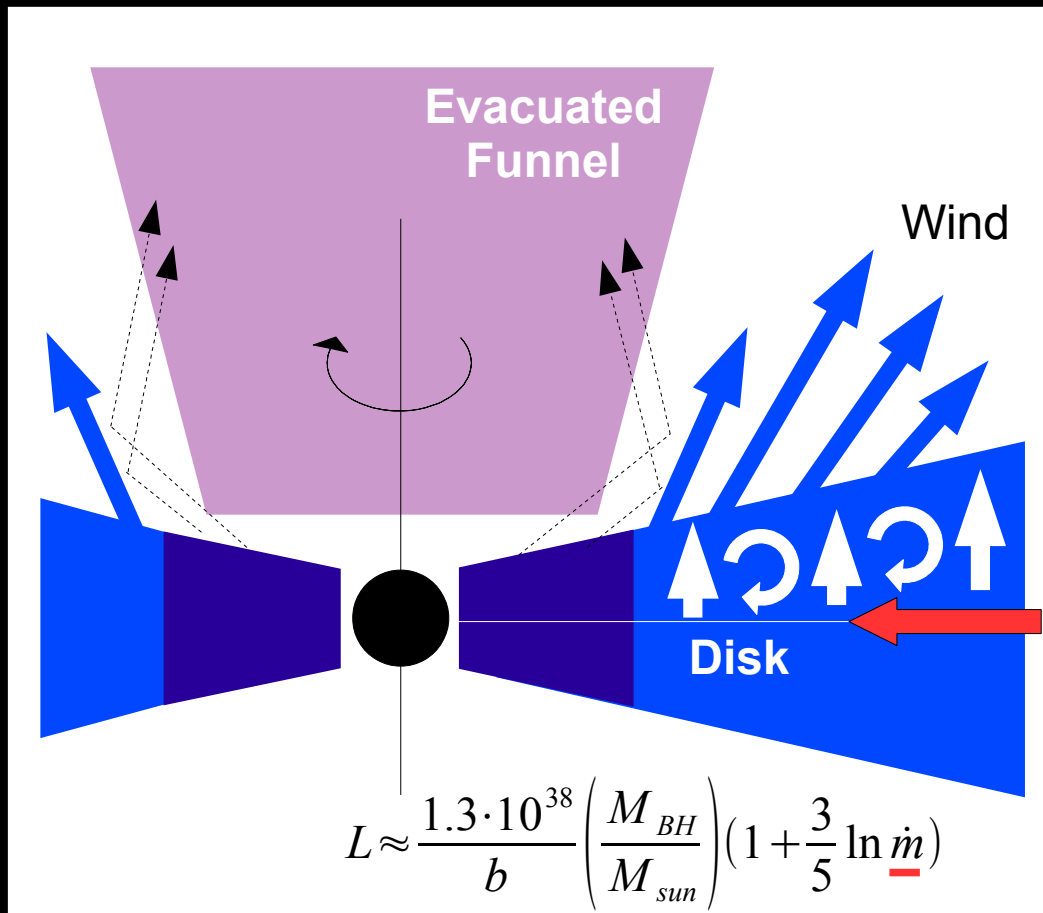
Further discoveries supporting Super-Eddington

- **Super bubbles** (e.g. Pakull+02, Grise+12, Cseh+14)
- **High-mass companion and (Super-) orbital periods**
(Tao+11, Gladstone+13, Liu+13, Motch+14, Heida+15, Walton+2016, U&S+16)
- **Optical spectra** (e.g. Fabrika+17, Motch+11)
- **Winds (?)**



Super-Eddington?
Okay, but how does
it work?

Super-Eddington accretion disks



Radiation + advection
dominated thick disks

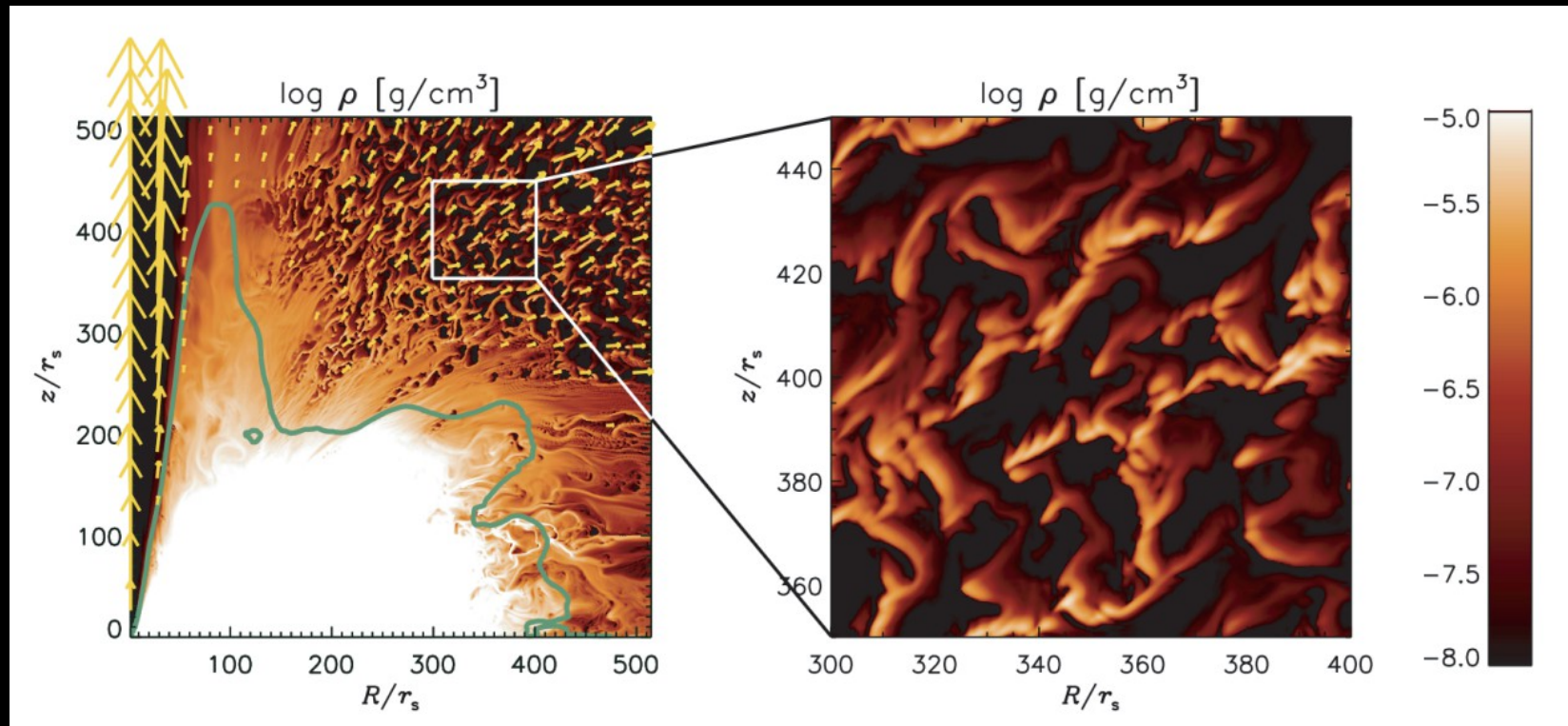
+ powerful winds

Gladstone+09
Shakura & Sunyaev 73
King+01, Poutanen+07
Middleton+11-15

AGN? Yes! → NLS1 galaxies (Jin+12)
Or ask Chris Done ...

Super-Eddington radiation-driven winds

GR-MRHD simulations by Takeuchi + 13

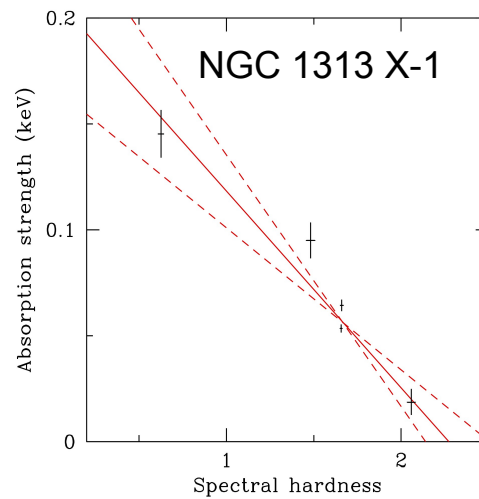
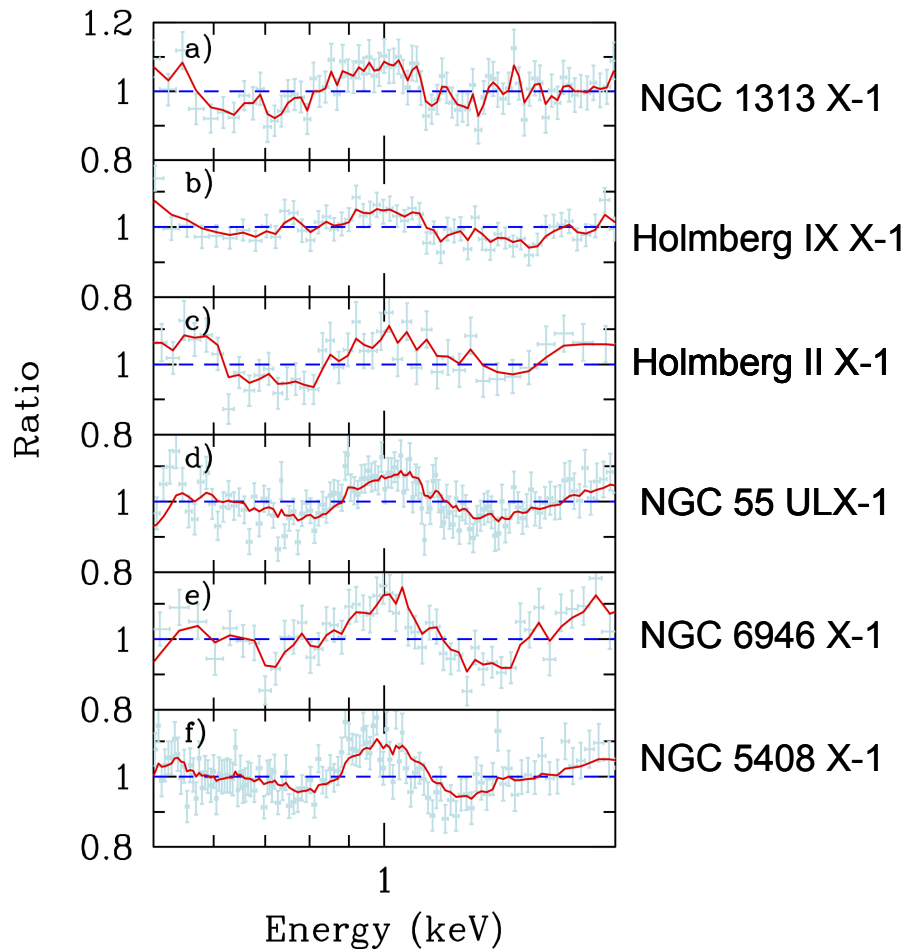


$V \sim 0.1c$, 10° - 50° , clumpy $> 250 r_s$, clumps $\sim 10 r_s$, $c_V \sim 0.3$

Early signals



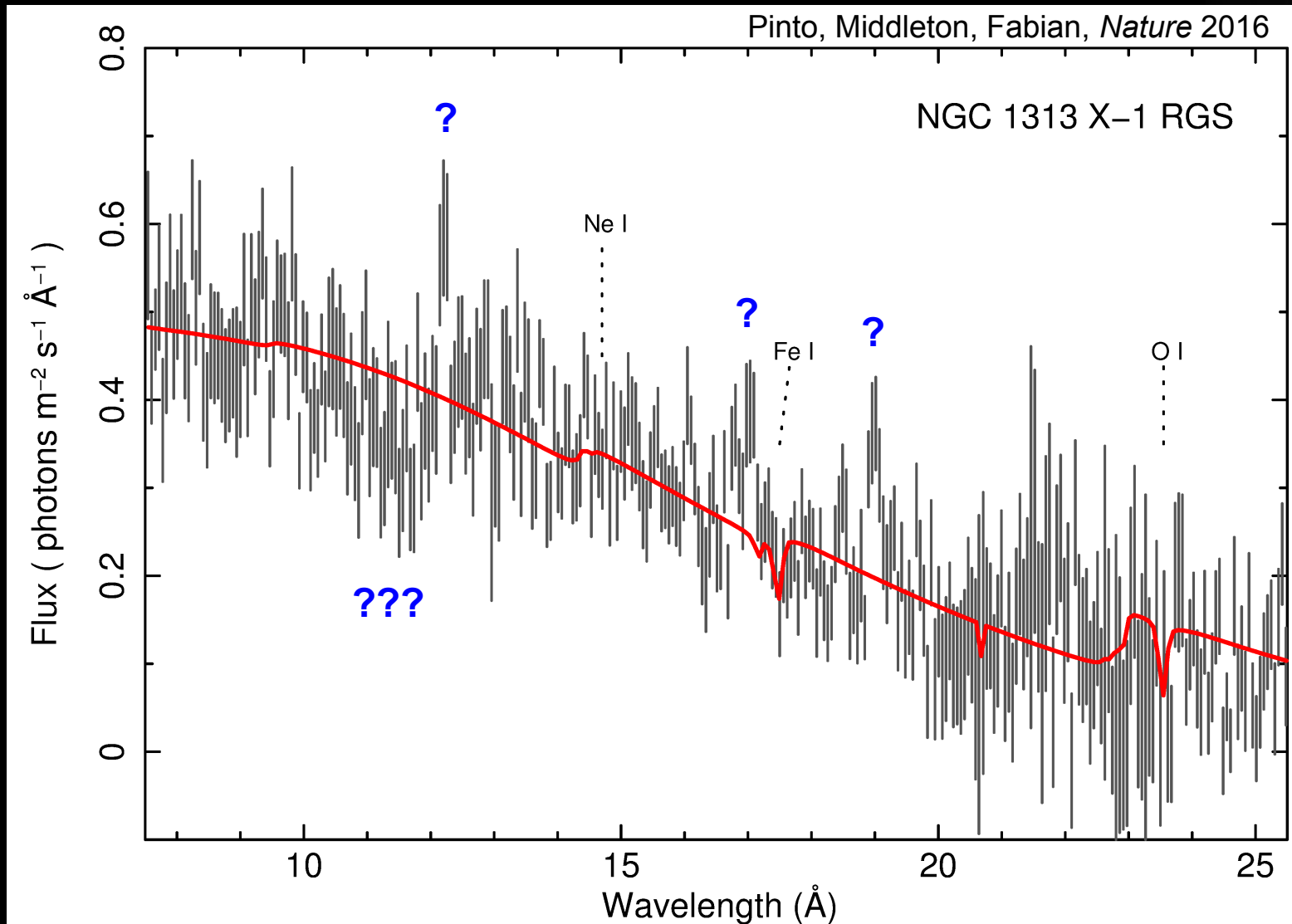
Variable soft X-ray residuals in CCD spectra



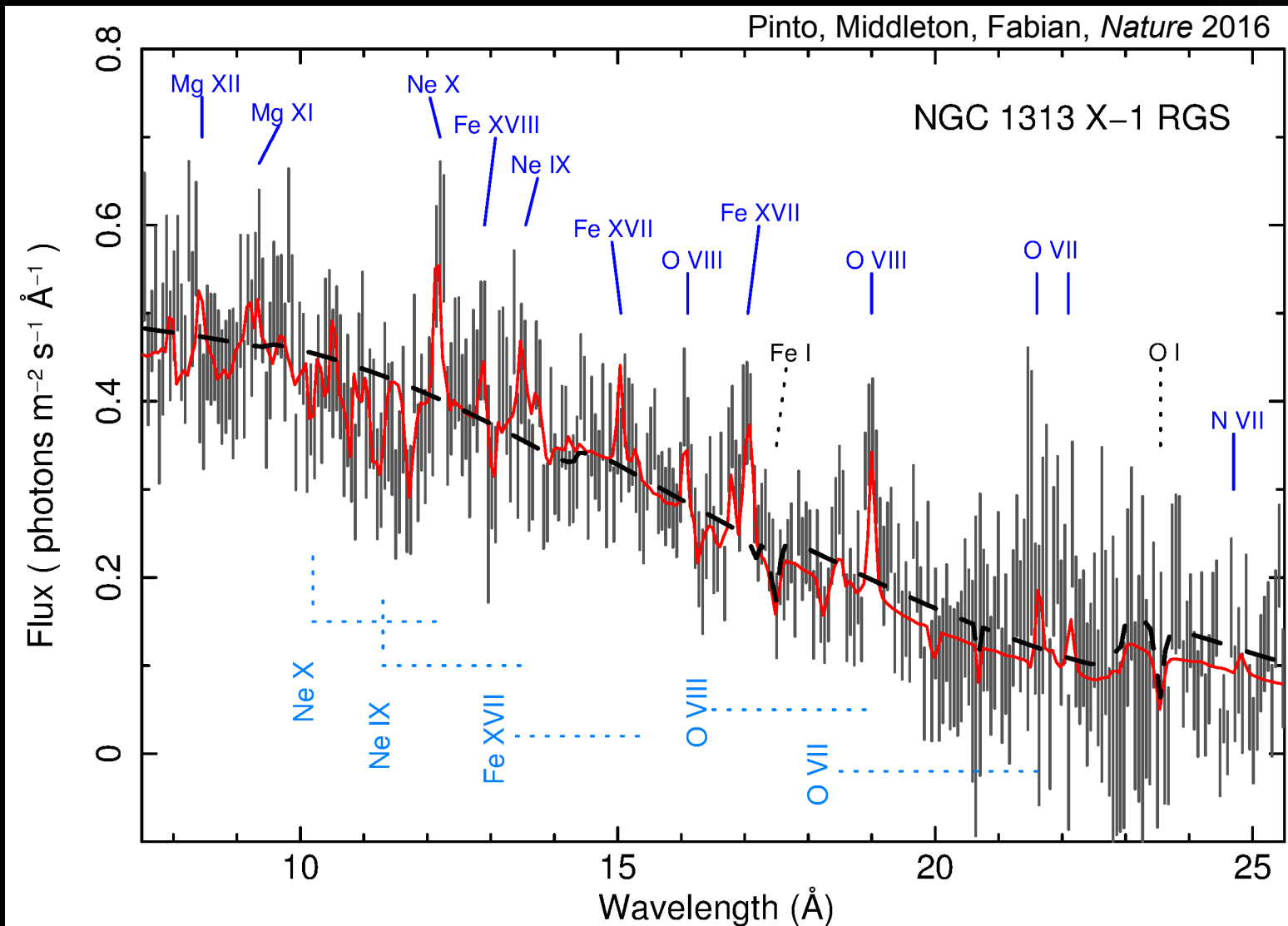
Middleton + 2015

- Soria+04 NGC 5408 X-1
- Goad+06 Holmberg II X-1
- Roberts+06 NGC 5204 X-1 (Chandra)
- Stobbart+06 Holmberg IX-II X-1
- M 33 X-8, M 83 ULX
- NGC 55 ULX
- NGC 2403-3628-4395 X-1
- NGC 1313 X-1,2
- NGC 4559-4861-5204 X-1
- Soria+07 NGC 1365 X-1, X-2
- Gladstone09 Same as Stobbart +
- + IC 342 X-1, M 81 X-6
- Bachetti+13 NGC 1313 X-1,2
- Middleton+14 NGC 6946-5408 X-1
- Sutton+15 NGC 5408 X-1 (Chandra)

Smoking guns

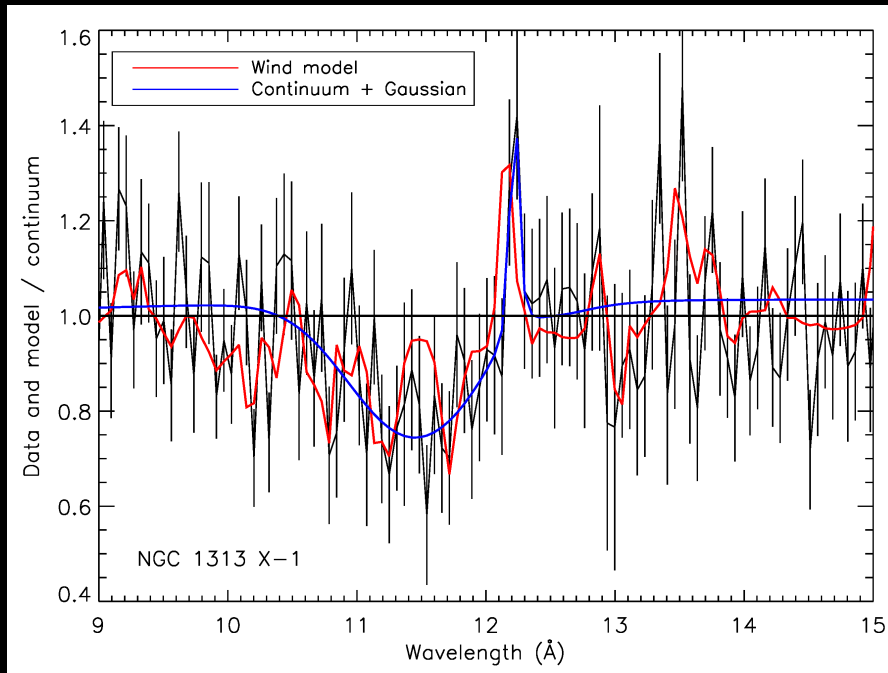


Smoking guns



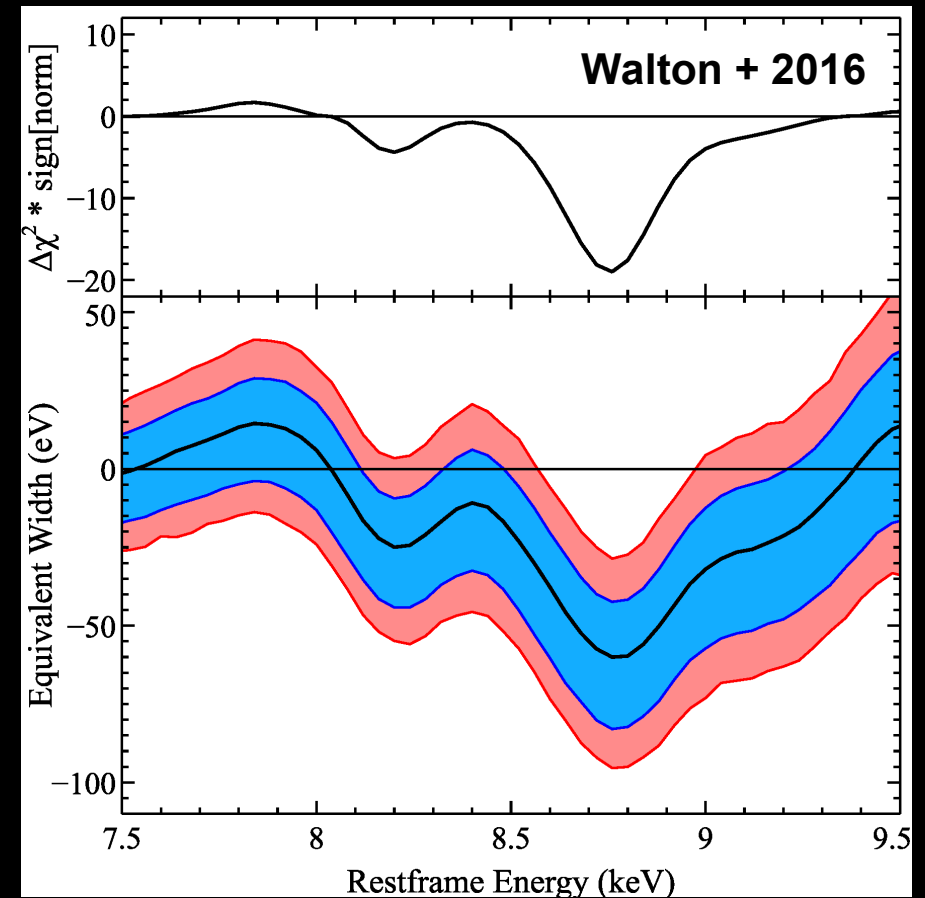
- Photoionised absorber with $\sim 0.2c$ outflow velocity
- Collisionally-ionised emission at rest

NGC 1313 X-1 Fe K counterpart



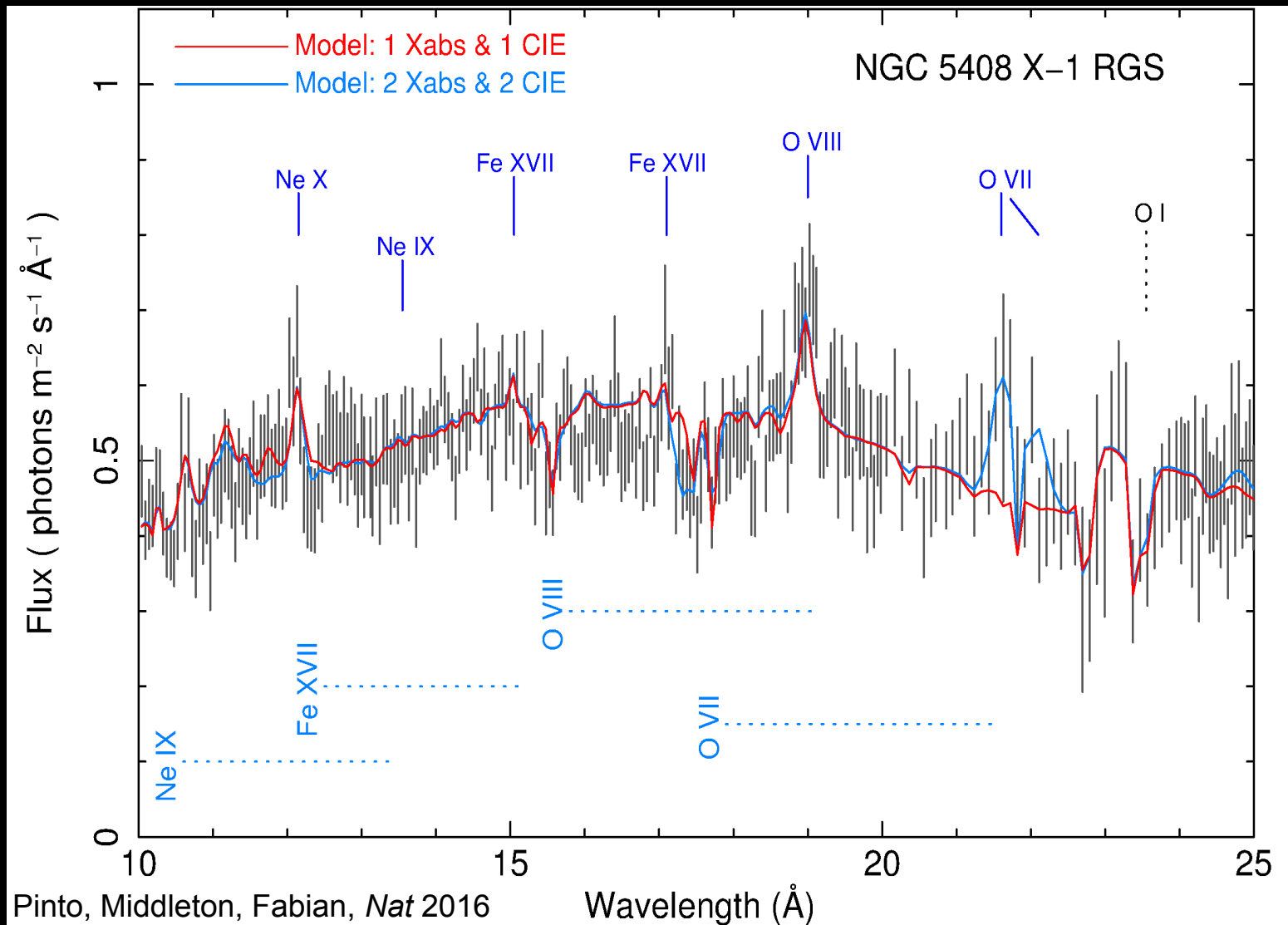
Adapted from Pinto+2016

XMM / RGS gratings



XMM CCD + NuSTAR

NGC 5408 X-1

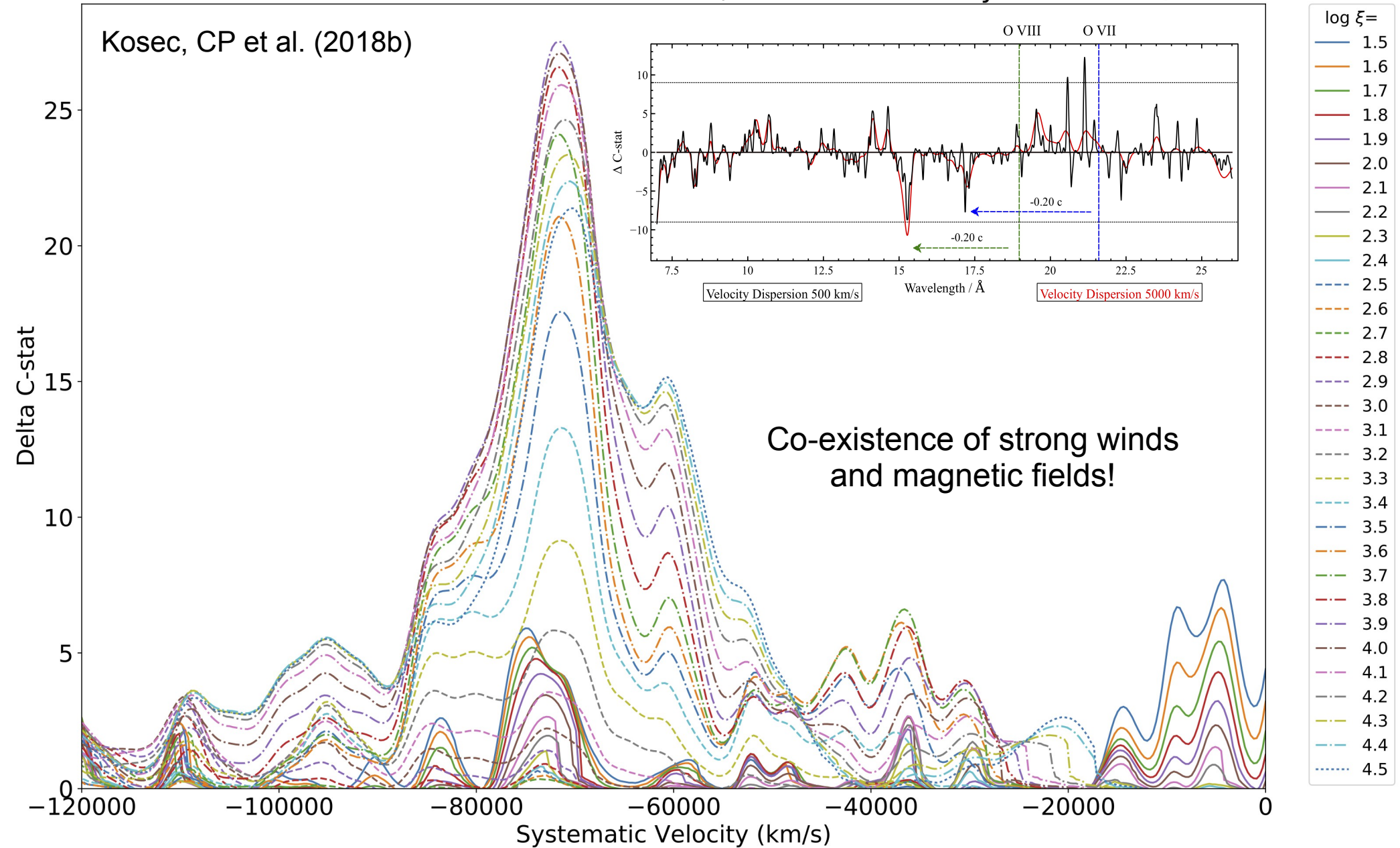


- Photoionised absorber with $\sim 0.2c$ outflow velocity
- Collisionally-ionised emission at rest

NGC 300 ULX pulsar

NGC300: Photoionised Absorber Search, Turbulent Velocity = 1000 km/s

Kosec, CP et al. (2018b)

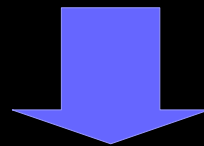


*How much energy is lost in launching the winds?
Do they require high Eddington fraction?
Are these winds actually powerful?*

Key parameter : $L_{\text{wind}} / L_{\text{bol}}$ (AGN normally ~ 0.05)

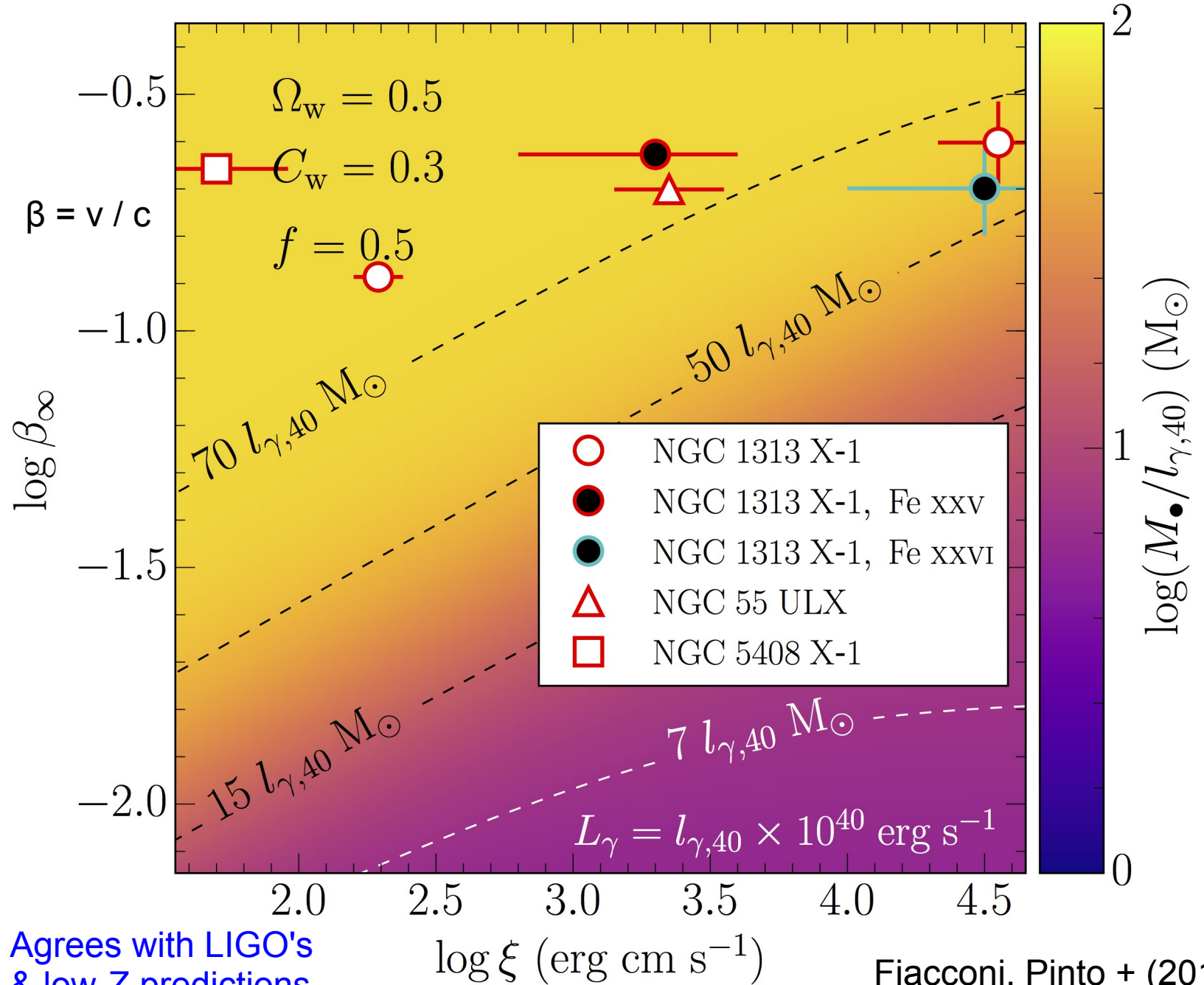
$$\approx (L_X / L_{\text{bol}}) \cdot (v_{\text{out}}^3 / \xi) \cdot \Omega C_V$$

$$\approx 10 - 1000 \Omega C_V \geq 1$$

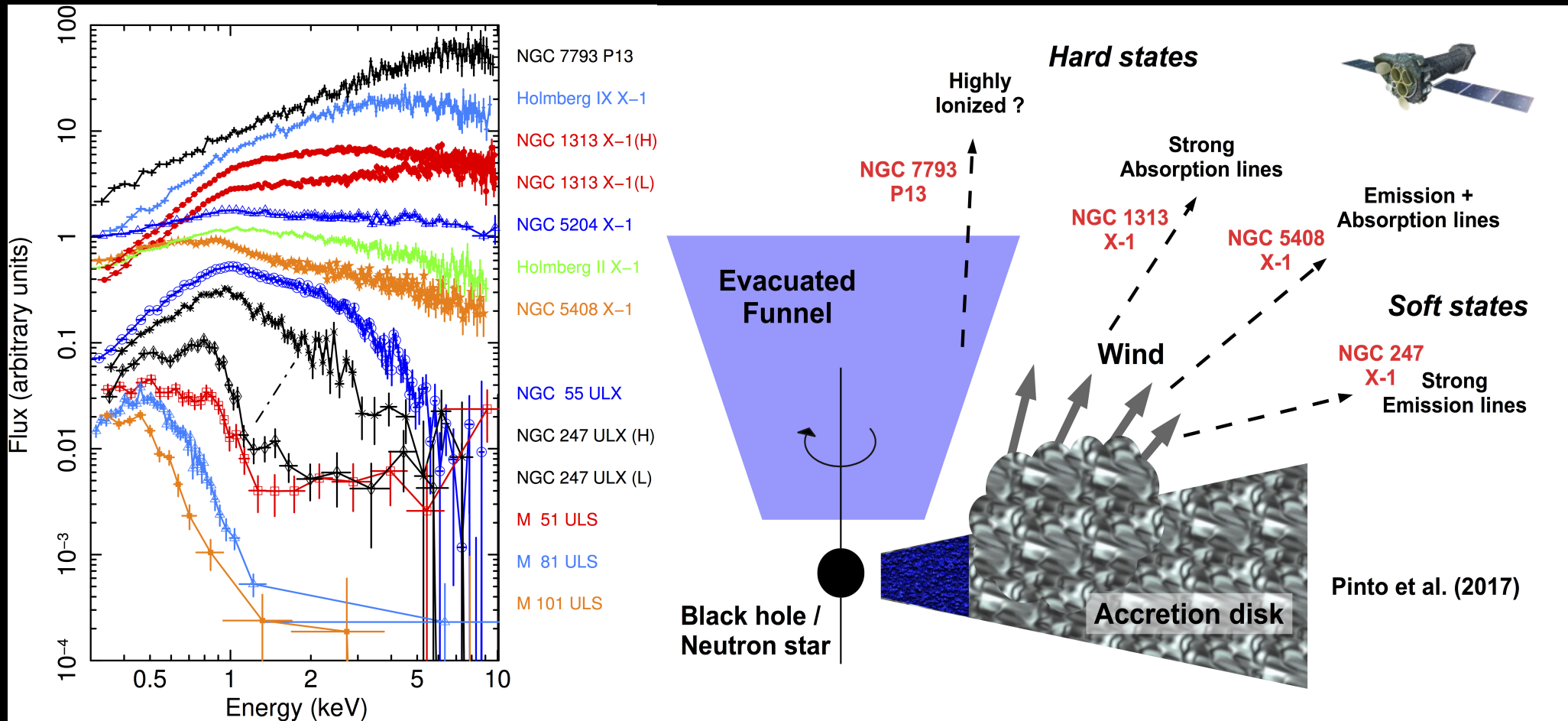


$\sim 50\%$ of the total budget

Weighing black holes



Towards a Unified Scenario



Take away message

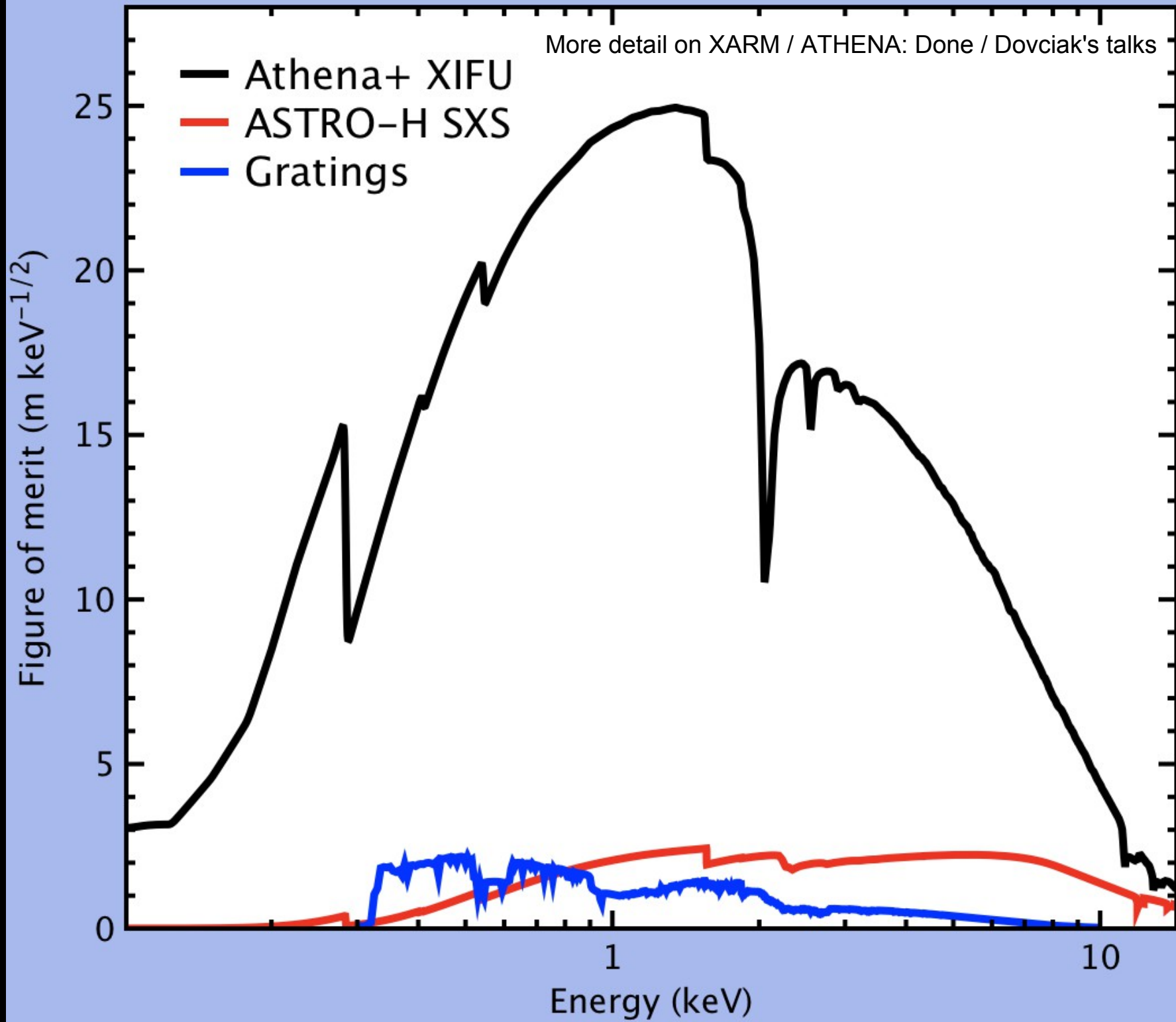
Some ULXs exhibit **pulsations** and powerful, relativistic, **winds** likely driven by radiation pressure in super-Eddington accretion discs

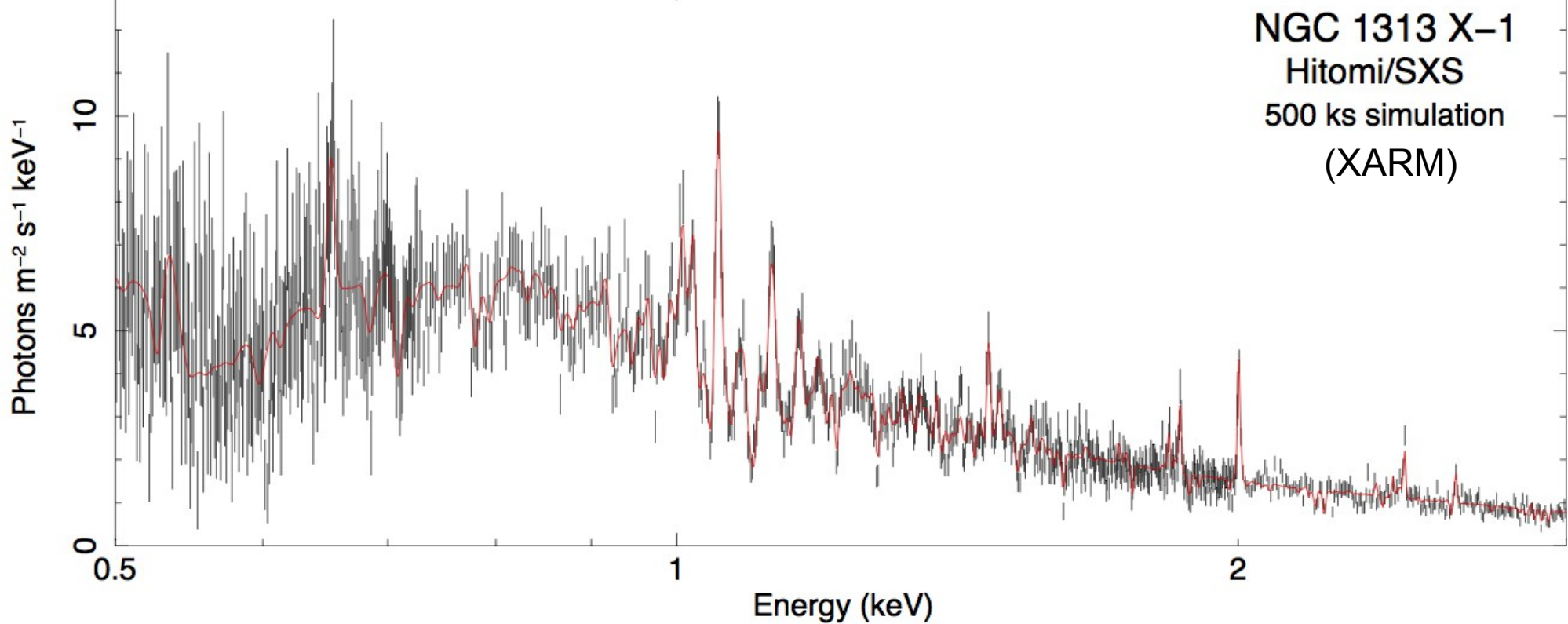
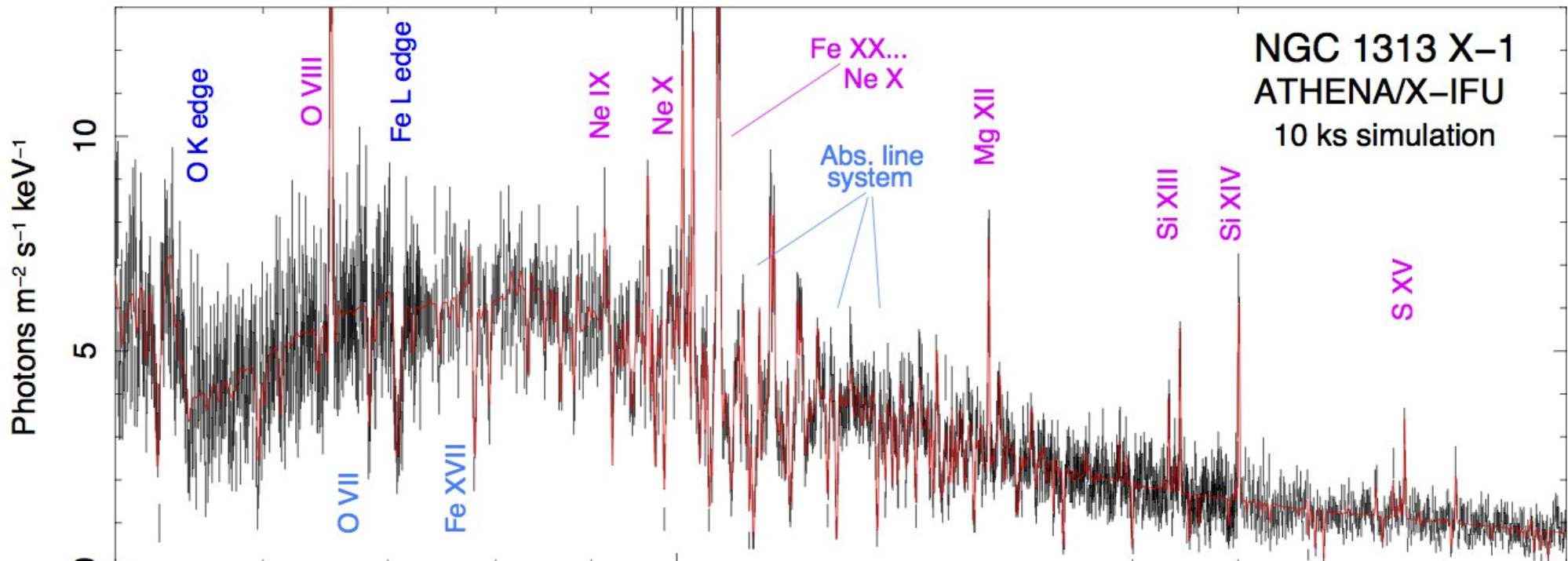
Inclination and **accretion rate** are key parameters
ULSs are likely ULXs seen at high inclination

A few ULXs are **IMBH** candidates

Next steps

- Relation between jets and winds (like in XRB) ?
- Wind stability through ionisation balance ?
- Pulse-dependent behaviour of the wind ?
- New campaigns available, work in progress ...
 - ... does the wind produce ULX state transitions ?
- A larger sample is needed (IMBH and SE candidates)
- Future *awesome* missions ...





Of course, Theseus gets Minotaur
in the end.



Enjoy your time in Crete, it's a beautiful island !!!

Kalimera apo to palati tis Knosou!

EU Civilzation started here!

